

Person Specification: Volunteer Activities Helper

Knowledge:

- An ability to understand the issues faced by young people and adults with learning disabilities
- Knowing that your contribution will enable individuals to live more independent lives
- A willingness to receive First Aid Awareness training to carry out the role

Essential skills:

- Good communication skills
- A willingness and an ability to work within a team
- Good motivator
- Empathy
- Non judgemental
- Ability to work safely, following the Organisation's policies and procedures

Qualities:

- An interest in supporting young people and adults with learning disabilities.
- Enthusiasm
- Patience
- Calmness
- Caring
- Good Listener
- Able to use your own initiative
- To be willing to work in an outdoor environment if required
- Tolerant
- Trustworthy
- Reliable

Additional Factors:

- A willingness to volunteer during the school holidays and on Saturdays to help deliver the planned activities

Role Title: Volunteer Activities Helper

Role Description:

Supporting professional staff to deliver an activities programme with our service users. The programme is designed to enable service users to try new activities in a social environment, developing new skills and gaining confidence by doing so.

Specific Tasks:

- To encourage service users to engage in activities
- To provide support to the professionals running or leading the activities
- To develop a rapport with service users
- To work as an effective member of the Rathbone team.
- To be polite and helpful to service users, their carers and/or significant others
- To undergo personal development and training as appropriate
- To maintain confidentiality of information at all times
- To abide by Rathbone policies and procedures

Skills and Qualities needed:

- Good communication and interpersonal skills
- The ability to work as part of a team
- The ability to empathise and develop rapport with people
- The desire to motivate people and encourage participation in stimulating, meaningful activities
- An interest in social care or youth work

Commitment:

To do at least one full session every week for 4-5 hours (hours may vary depending on the activity planned) and to give a minimum commitment to support and deliver the activities for a period of 6 months.

Activities will run either on Saturdays, and on week days during school and college holidays.

Support and Training:

All Volunteer Activities Helpers will be provided with appropriate induction training and any necessary training to support the work of the programme. You will be allocated a designated worker as your supervisor and will receive support sessions and supervision from the Volunteer Coordinator as well.

Expectation of Rathbone Volunteers:

You will perform your role in accordance with the values of the Charity. These values promote respect of service users, recognising their skills and entitlement to choice and independence.

You will adhere to Rathbone's Volunteering procedures and Codes of Conduct and support the principles outlined in our Equal Opportunities and Diversity Policy.

You will attend any training required to support health and safety and the effective undertaking of your volunteering role.

Location of Volunteering:

The Volunteering will take place at designated venues in and around Lambeth.